

Patchwork Shirt Pattern

TUTORIAL: CRAFTING THE SPLIT-DESIGN PATCHWORK SHIRT

1. PREPARATION & LAYOUT

MAIN PANEL (RIGHT):
[42 CM X 75 CM (approx)]

PATCHES

| | | | |
|--|--|--|--------|
| | PLAID | | CALICO |
| | FLORAL | | DENIM |
| | REGULAR PATCH: 12 CM X 12 CM (incl. 1 CM SEAM ALLOWANCE) | | |

WASH & PRESS FABRICS
CUT PATTERN PIECES

42 CM

2. PATCHWORK PANELS (PIECING)

1 SEW SQUARES INTO ROWS

12 CM 12 CM 12 CM 12 CM 12 CM 12 CM

JOIN ROWS



2 ASSEMBLE RIGHT SLEEVE (SPLIT)

18 CM

PATCHWORK PANEL [WIDE]

10 CM

12 CM

PLAIN CANVAS [10 CM WIDE]

3 CREATE & ATTACH FLORAL APPLIQUÉS

5 CM

TEAL CALICO (TOP), FLORAL (BOTTOM)
petal: 5 cm; center: 3 cm

5 CM

YELLOW SUNDRESS (TOP), PLAID (BOTTOM)
petal: 6 cm; center: 4 cm

RED FLORAL (TOP), BLAZER FABRIC (BOTTOM)
petal: 5.5 cm; center: 3.5 cm

13 CM

42 CM

5 CM

12 CM

13 CM

FUSIBLE WEB THEN STITCH-IN-PLACE

3. THE APPLIQUÉ DETAIL (KEY US QUILTING METHODS)

TECHNIQUE KEY

- HAND-APPLIQUÉ (FOR TEXTURE)
- MACHINE-APPLIQUÉ (SATIN STITCH)

FLOWER SHAPE
FUSIBLE WEB
INTERFACE/BACKING

4. GARMENT ASSEMBLY

4 JOIN MAIN PANELS (PLAIN & PATCHED)

CENTER SEAMS

42 CM X 75 CM

BACK

5 CONSTRUCT SLEEVES

CUFFS [PLAIN CANVAS, 8 CM WIDE]

6 ATTACH COLLAR & FINISH

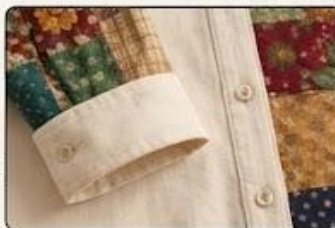
CONSTRUCT STAND COLLAR, SEW ON [9 CM TOTAL WIDTH, 2 CM STAND]

ADD CUFFS [REI 7CM HIGH WHEN FOLDED]

[7CM WIDE]

[8 CM WIDE]

BUTTONHOLES & BUTTONS [18 MM]



KEY METHODS (US QUILTING & SEWING)

- PIECING:** JOINING FABRIC SQUARES (STITCH: 1 CM S/A)
- APPLIQUÉ (HAND/MACHINE):** ATTACHING LAYERED DECORATIVE SHAPES
- FUSIBLE WEB:** ADHESIVE FOR LAYERING (PRE-STITCH)
- TOPSTITCHING:** VISIBLE STITCHES FOR STRENGTH & DETAIL
- SLEEVE & COLLAR CONSTRUCTION:** GARMENT SEWING

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Begin by organizing all your tools and materials so the process flows smoothly from start to finish. You will need a basic shirt pattern (long-sleeve button-up style works best), quilting cottons (plaid, floral, calico), optional denim for texture, matching thread, pins or clips, fabric scissors, rotary cutter (optional), ruler, fusible web, and an iron.

Prepare the **main right panel**, which will feature the patchwork. Cut a base piece measuring approximately **42 cm wide by 75 cm tall**. This serves as your working area for the patchwork layout.

Now cut your fabrics into **12 cm x 12 cm squares**, already including a **1 cm seam allowance**. Precision matters here—uneven pieces will cause distortion later.

Before sewing anything, **wash, dry, and press all fabrics**. This prevents shrinkage and keeps your finished shirt looking clean and professional after washing.

Lay out all your squares on a flat surface. Alternate colors, prints, and textures to create balance. Try not to cluster similar colors too much—spread them out for a visually rich composition. Take a photo of your layout so you can reconstruct it easily while sewing 📸

Patchwork Panels (Building the Design Step by Step)

Sew Squares Into Rows

Start by forming horizontal rows. Place two squares **right sides together**, align edges, and sew using a **1 cm seam allowance**.

Add one square at a time until you complete a full row. Keep checking alignment—crooked seams will multiply as you continue.

After finishing each row, **press the seams flat**. You can press them all to one side or alternate directions to reduce bulk.

Repeat until you have enough rows to cover the full height of your panel.

Join the Rows

Take two rows and place them right sides together. Carefully match the seams where squares meet—this is what creates that clean “grid” look.

Pin at each seam intersection before sewing. Stitch slowly to maintain alignment.

Continue joining rows until your panel exceeds your required height slightly (around **110 cm**), then trim it down to match your **42 x 75 cm** panel size.

Press everything thoroughly—this is where your patchwork starts looking polished ✨

Assemble the Split Sleeve

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Create a smaller patchwork panel for the sleeve using the same method.

Your sleeve will have two vertical sections:

- **Patchwork section: ~10 cm wide**
- **Plain fabric section: ~10 cm wide**

Sew these two sections together to create the split effect. Then shape the sleeve using your pattern.

Make sure both sleeves mirror each other if you want a balanced look—or keep only one patchwork sleeve for a more artistic style.

Appliqué Detail (The Signature Feature)

This is the highlight of the shirt—layered floral appliqués that bring the patchwork to life.

Choose Your Method

You can use:

- **Hand appliqué** for a soft, artisanal finish
- **Machine appliqué (satin stitch)** for durability and definition

If you're a beginner, machine appliqué is easier and faster.

Create the Flowers

Cut layered flower shapes using different fabrics:

Teal Flower

Petals: ~5 cm

Center: ~3 cm

Yellow Flower

Petals: ~6 cm

Center: ~4 cm

Red Flower

Petals: ~5.5 cm

Center: ~3.5 cm

Each flower should have at least two layers: petals and a center. You can add more layers for extra dimension.

Use Fusible Web

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Attach fusible web to the back of each piece. Peel and place your flowers onto the patchwork panel.

Before ironing permanently, **experiment with placement**. Try:

- One large focal flower
- Two medium flowers
- One or two small accents

Once satisfied, press firmly to secure.

Stitch the Appliqué

Sew around each shape using a satin stitch or tight zigzag stitch. Go slowly around curves to maintain clean edges.

This step transforms your piece from simple patchwork into wearable art 🌻



Garment Assembly (Bringing It All Together)

Join the Main Panels

Take your patchwork panel and the plain front panel.

Place them right sides together and sew along the center front. This creates the signature **split design**.

Repeat for the back if desired (full patchwork back or half-and-half design).

Press seams open for a clean finish.

Attach the Sleeves

Pin the sleeves to the armholes, matching notches from your pattern.

Sew carefully, easing the fabric to avoid puckering—especially where patchwork meets plain fabric.

Press seams toward the sleeve.

Add the Cuffs

Cut cuff pieces **8 cm wide**.

Fold, press, and attach to sleeve ends. For a more structured look, create a **7 cm folded cuff**.

Topstitch for a crisp, professional finish.

Construct and Attach the Collar

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Create a standard shirt collar with a **9 cm total width and 2 cm stand**.

Attach the collar stand to the neckline, ensuring even distribution.

Take your time here—this step defines the overall quality of the shirt.

Buttonholes and Finishing Touches

Mark evenly spaced buttonholes along the front.

Sew buttonholes and attach **18 mm buttons**.

Trim loose threads and give the entire shirt a final press. Steam helps set seams and gives a store-quality finish 🧊

✨ Pro Tips to Elevate Your Shirt

Always test stitches on scrap fabric before sewing your final piece.

Use a walking foot if possible—this helps manage multiple fabric layers.

Mix fabric textures intentionally. Combining denim with soft cotton creates contrast and depth.

If something looks slightly off, fix it early—small adjustments make a big difference later.

Take breaks. Patchwork requires focus, and rushing leads to mistakes.

🎉 Final Result

You now have a **split-design patchwork shirt** that combines quilting, garment sewing, and creative expression. Each piece is unique, and no two shirts will ever look exactly the same.

This is more than just clothing—it's a handcrafted statement piece you can wear proudly.

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